Spring Sports Season

The Spring Sports/Activities Offering Assembly will be Thursday, February 20th * Activity Period *

* Spring Sports practices begin Monday, February 24th *

MS practice schedules are posted in the Middle School Athletics Announcement section of our D-E Athletics webpage: www.d-e.org/athletics

Spring Coaching Staff

Girls MS Lacrosse ~ Ms. Bulter ‘11 (butlee@d-e.org)
Boys MS Lacrosse ~ Mr. Murphy (murphr@d-e.org) & Mr. Edwards (edwarp@d-e.org)
MS Softball ~ Ms. Carstens-Potts (carstm@d-e.org) & Ms. Cannon (cannob@d-e.org)
MS Baseball ~ Mr. Muller (muller@d-e.org) & Ms. Wood (woodj@d-e.org)
Boys MS Tennis ~ Mr. Waltman (waltmp@d-e.org) & Ms. L. Schmid (schmil@d-e.org)
Coed MS Track & Field ~ Mr. J. Stott (stottj@d-e.org), Ms. Roth (rothj@d-e.org), & Mr. Kelly (kellyc@d-e.org)

Personal Required Equipment

Boys Tennis - a tennis racquet, tennis sneakers and personal water bottle
  • note #1 - No jewelry is permitted, with the exception of medic-alerts and religious medals, which must be taped to the body under the uniform.)

Coed Track and Field - running shoes or cross-training footwear and personal water bottle
  • note #1 - No jewelry is permitted, with the exception of medic-alerts and religious medals, which must be taped to the body under the uniform.

Baseball - a baseball glove, molded-rubber cleats and personal water bottle
• note #1 - Mouth guards, infield defensive face / headwear and athletic cup are strongly recommended.
• note #2 - No jewelry is permitted, with the exception of medic-alerts and religious medals, which must be taped to the body under the uniform.
• note #3 - Personal bats and batting helmets are not required. However, if used, the batting helmet must be NOCSAE certified and the bat cannot have an exceed the differential of 3 between the length and the weight. (EG. a 34-inch bat cannot weigh less than 31 ounces).

**Softball** - a softball glove, molded-rubber cleats and personal water bottle
• note #1 - Mouth guards, infield defensive face / headwear strongly recommended.
• note #2 - No jewelry is permitted, with the exception of medic-alerts and religious medals, which must be taped to the body under the uniform.
• note #3 - Personal bats and batting helmets are not required. However, if used, the batting helmet must be NOCSAE certified and the bat has no differential restriction. (EG. a 34-inch bat cannot weigh less than 31 ounces).

**Girls Lacrosse** - a women's lacrosse stick, a visibly-colored mouth guard, personal water bottle, rubber-molded cleats and ASTM or SEI certified protective eyewear.
• note #1 - No jewelry is permitted, with the exception of medic-alerts and religious medals, which must be taped to the body under the uniform.

**Boys Lacrosse** - a men's lacrosse stick, a visibly-colored mouth guard, personal water bottle, protective gloves, elbow and arm pads, shoulder pads, chest protector, athletic cup, rubber-molded cleats and a NOCSAE certified protective helmet.
• note #1 - *without yearly certified reconditioning, a previously purchased lacrosse helmet has a 3-year lifespan.*
• note #2 - No jewelry is permitted, with the exception of medic-alerts and religious medals, which must be taped to the body under the uniform.